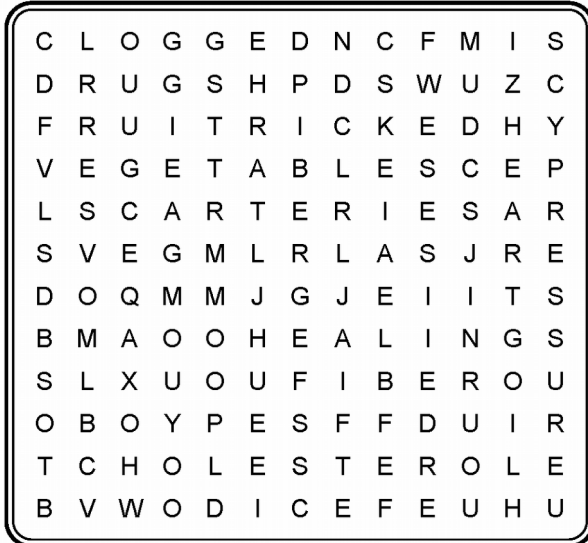


Activity

God's Way of Healing



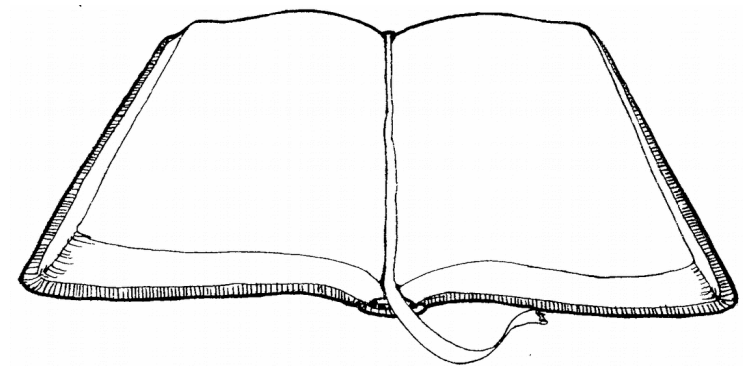
Arteries	Cholesterol	Vegetables
Clogged	Drugs	Fruit
Blood	Tricked	Fiber
Pressure	Healing	Heart

Lesson Written by www.PathwayToPeace.net



God's Way *of* Healing

This Belongs to: _____



Lesson Ten “God's Way of Healing”

There are a lot of people who suffer from diseases such as heart disease, diabetes, and cancer. Is there a cure for these diseases? What is the way to health?

Disease is a disorder in the body, caused by a violation of the law either health laws or moral laws.

Exodus 15:26 “And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I *am* the LORD that healeth thee.”

If we want to be healthy we must obey God's commandments.

If I have a disease or know a loved one who has a disease I should find out the cause of the disease.

Thought Question: If someone had a leak in their roof and the leak was causing the the ceiling and the floor to rot, what is the first thing that should be done? _____

The same is true if someone has a disease. Find out what is causing the problem.

When I find out the cause of the disease, what should I do?

Thought Question: If I stopped up my sink as I was washing dishes and I left the kitchen forgetting that I had left the water on, when I come back to the kitchen seeing the big water mess what is the first thing I should do? _____

Like, I should turn off the water if it was spilling over, I should stop whatever is the cause of the disease.

After stopping the cause of the disease, I should naturally assist the body to remove the disease. For example: Arteriosclerosis Cardiovascular Disease is when the arteries are being stopped up by cholesterol. As you should know, the heart and the arteries are

important for the blood to flow freely through your body.

What is the cause of the arteries getting clogged up?

The cause is eating a high cholesterol diet such as meat, eggs, and cheese.

Thought Question: So if I want my arteries to be clear what should I do? _____

One of the signs that the arteries are getting blocked up is high blood pressure.

If the arteries are blocked up what can unclog them naturally?

Foods that contain soluble fibers such as oatmeal, strawberries, oranges, apples, and beans, naturally clean out the arteries.

What is commonly given to those with heart disease? Does it work like what God made for our health?

When someone has heart disease people take pills to lower their cholesterol or their blood pressure, however the drugs do not clean out the arteries like God's food. They only trick people because drugs lower the blood pressure number without cleaning out the arteries.

The bad effects of taking these drugs are, lack of energy, blood circulation problems, kidney failure (note: people who have kidney failure end up on dialysis), and hardening and thickening of the arteries which can lead to a heart attack. These drugs also, weaken and damage muscles (which includes the heart), increase blood sugar levels, and may cause a rash, depression, confusion, dizziness, nightmares, hallucinations, memory loss, increase in cholesterol, cancer plus more...

Jesus not only wants to heal our disease but He seeks to save us from sin so we can one day soon dwell with Him where the “...inhabitant shall not say, I am sick...” Isaiah 33:24