

## PATHWAY TO PEACE: BIBLE STUDY GUIDE – LESSON 19

### **Loving Others: Part 2 [7th Commandment] How to Keep Clean Sheets**

We are going to examine the 7<sup>th</sup> commandment only. Let me tell you class that this will be a very interesting and thought provoking study so make sure you have your Bibles ready and take some good notes.

#### **1. What is God's seventh commandment law?**

**Read ALL the following Bible texts:** Exodus 20:14; 1 Thessalonians 4:3

**Write Bible Answer:**

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Adultery and fornication are synonymous. After God, the seventh commandment reveals that we should remain loyal and committed to our spouses and the holy union of marriage.

#### **2. What is adultery/fornication?**

**Read ALL the following Bible texts:** Leviticus 18:20; Proverbs 7:1 – 27; 1 Corinthians 7:1 – 4; Matthew 5:27 – 28; Mark 10:11 – 12; Hebrews 13:4; Leviticus 18:22; Leviticus 20:13; Romans 1:26, 27

**Write Bible Answer:**

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Adultery or fornication is sexual activity between individuals who are not married. This also includes homosexuals. The Bible clearly speaks against the sin of homosexuality. ***Leviticus 18:22*** says “Thou shalt not lie with mankind, as with womankind: it is abomination.” Adultery comes from the Latin word *adulterare* which means “to corrupt”. ***Hebrews 13:4*** says “Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge.” Adultery corrupts or defiles the sacredness of the marriage bed. Jesus reveals in Matthew 5:27 – 28 that adultery is more than just the physical act, but if a person lusts or desires another sexually in their mind it is also sin. Watching others sexually perform or pose on TV, computers, books or magazines is also adultery. Since it is sin we should not allow it to be before our eyes. If we watch it, we are not only approving it, but are lustfully participating in it. It is SIN. ***Psalms 101:3*** says, “I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me.” The last part of ***Isaiah 33:15*** reveals that a righteous person “shuteth his eyes from seeing evil.”

#### **3. What guidelines does the Bible give for those contemplating divorce or marriages that are divorced or separated?**

**Read ALL the following Bible texts:** 1 Corinthians 7:10 – 14; Romans 7:2 – 3; 1 Corinthians 7:39; Mark 10:2 – 12; Matthew 19:3 – 9

**Write Bible Answer:**


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It was never God's designed from the beginning that the holy sacredness of marriage end up in divorce. During Jesus' time many people were divorcing their wives for trivial things. There have been cases were husbands divorced there wives for just burning the dinner. Jesus came to set the record straight. Jesus reveals that divorce was never His desire. He says that the only time that divorce is permissible according **Matthew 19:9** is in the case of fornication. The non-offending spouse in this case is not bond to the marriage covenant because it was violated by the offending spouse. If a spouse divorces without the Biblical grounds of divorce and then marries another, he or she is living in adultery according to Matthew 19:9.

4. **Not only is adultery/fornication sin against God and your marriage, but it is also a sin against what?**

**Read ALL the following Bible texts:** 1 Corinthians 6:18 - 20

**Write Bible Answer:**


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Fornication in any form is a sin against the body that God has given us. The sin against the body is a gateway to the physical curses and diseases that can corrupt the body. Those who decide to violate the holiness of sex outside of marriage open themselves up to a host of incurable sexually transmitted diseases (STDs).

5. **What are the eternal consequences of those who choose to remain in adultery/fornication?**

**Read ALL the following Bible texts:** Ephesians 5:3 – 5; Colossians 3:5, 6; 1 Corinthians 6:9, 10; Jude 1:7

**Write Bible Answer:**


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The Bible is very clear. Those who choose to continue in living in adultery/fornication will not inherit eternal life. According to **Jude 1:7**, one of the reasons why Sodom, Gomorrah and its surrounding cities were destroyed was because their sexual sins of fornication.

6. **What about those of the opposite sex who are not married but live together in the same house or apartment?**

**Read ALL the following Bible texts:** 1 Thessalonians 5:22; Exodus 23:7; 1 Corinthians 10:31 – 32; 2 Corinthians 6:3

**Write Bible Answer:**


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The Bible reveals that we should avoid even the very appearance of evil. If two professed unmarried Christians are living together, they are dishonoring and misrepresenting the name of Jesus Christ. If they are faithful to God, they would make a public declaration of their love and commitment to each other and marry. There are no blessing from God when we violate the implicit expressed will of God.

**7. Why did God give us this commandment of thou shalt not commit adultery?**

**Read ALL the following Bible texts:** Genesis 1:27,28; Genesis 2:21-24; Mark 10:6-9; Hebrews 13:4

**Write Bible Answer:****READ & RESPOND**

**Genesis 1:27** says, “God created man in his own image in the image of God created he him both; male and female created he them.” Notice that God created both male and female in His image. In the next verse in **Genesis 1:28** it says that God did blessed them with the benefits of marriage that can only come from God. As blessed people of God this first marriage union was ordained holy by God. In **Genesis 2:21-23** it gives us details of how Adam and Eve were given into Holy matrimony. God personally and intimately made Eve from the rib of Adam. Symbolizing their partnership to walk in unity side by side. In **Genesis 2:24** the holy union or marriage that God created He announced them to be one flesh. To become one flesh is the most intimate and vivid way the Bible uses to describe the union of marriage between male and female. In **Mark 10:6-8**, Jesus Himself reiterates this concept of a marriage becoming one flesh. It says, “<sup>6</sup>But from the beginning of the creation God made them male and female. <sup>7</sup>For this cause shall a man leave his father and mother, and cleave to his wife; <sup>8</sup>And they twain shall be one flesh: so then they are no more twain, but one flesh.” So, in other words, the union of marriage is the blending of husband and wife spiritually, emotionally, socially, and even physically. Their love and intimate affections are intertwined and special only for each other. In the next verse, Jesus says in **Mark 10:9**, “What therefore God hath joined together, let not man put asunder.” So God designed holy marriage to be an everlasting vow between husband, wife, and God. And that there love should not only be for each other, but mainly to God who joined them together. So according to what we have studied thus far HOLY marriage is an everlasting covenant or contract with God. And we can all agree that the marriage union is the most intimate, the most tender, and sacred relationship between two human beings.

Let's go back to **Genesis 1:28**. We are going to break this down so it is clear. After God blessed the union of both Adam and Eve, what did He command them to do? “To be fruitful, and multiply and replenish the earth.” In verse 28 did God command them, Adam and Eve, to be fruitful and multiply and replenish the earth first before He blessed and made holy their marital union? No absolutely not. God joined Adam and Eve in holy matrimony first and then He commanded them to be fruitful and multiply. There is only one way that a husband and wife can be fruitful and multiply and replenish the earth. In other words, from our Bible study thus far, the Bible makes it very clear that the sexual relationship is holy, pure, and blessed by

God ONLY within a holy marriage between a male and a female. **Hebrews 13:4** says that <sup>4</sup>Marriage is honourable in all, and the bed undefiled.” God created and bless sex only within marriage. Sex is within marriage is God’s design and creation. So the only way to keep the “sheets” clean on you bed is to be married. So any type of sexual relationship outside of marriage is defiled or impure and not honorable in the eyes of God. In other words, it is S-I-N. It is a violation of the seventh commandment, thou shalt not commit adultery.

### **8. What has Satan done to try to corrupt the holiness of sex within a marriage?**

**Read ALL the following Bible texts:** Romans 8:7-8; Psalm 51:5; Galatians 5:19-21; Psalm 101:3; Proverbs 6:23-29

**Write Bible Answer:**

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Sexual immorality is saturating our world today. It has choked out the mental, spiritual, and physical lives of millions of people. It is everywhere, in magazines, billboards, TV, movies, music, and believe or not it is also in God’s church. This can not be taken lightly because it affects us all and it must be addressed. Again a sexual relationship within marriage is holy and undefiled because it was created and blessed by God. Satan and his evil demons will do anything to defile and corrupt the very thing that God ordained only for married people. Satan has defiled and perverted the human sexual relationship. Satan and his demons wants us to fall into his trap of violating God’s seventh commandment even if it is only in the mind. We must learn not to fall prey to his trap. **Romans 8:7** says, <sup>7</sup>Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be. According to this text what is a carnal mind? Hatred against God. What causes hatred toward God? Sin. **Psalm 51:5** indicates that we are born in sin and shaped into iniquity because we all were birthed into a sinful world. According to the Bible, it is clear that our carnal mind has natural tendencies to sin and we are not naturally inclined to follow, obey, or love God. Now another description of a carnal mind is flesh. We see this in the next verse in **Romans 8:8**. It says, <sup>8</sup>So then they that are in the flesh cannot please God. There it is. Our sinful nature in the Bible is described as our carnal mind or flesh. Again in our natural sinful nature our carnal mind or flesh, we can not please or obey God. **What are some natural tendencies or works of the flesh or carnal mind?** **Galatians 5:19** says, <sup>19</sup>Now the works of the flesh are manifest, which are *these*; Adultery, fornication, uncleanness, lasciviousness. Stop right there. Isn’t it interesting to see that the first two sinful works of the flesh mentioned here are adultery and fornication among a long list of other sinful works of the flesh that continues in verses 20 and 21. Adultery is number one and fornication is number two. So sexual desires or appetite is a major area of the human mind Satan attacks. It is natural for all humans at a certain age to have sexual desires, but with the help of God **they must** be put into check or under control until marriage. Only within marriage should those sexual desires be expressed mentally and physically. Did you know that Satan has studied the human mind thoroughly for thousands and of years? He is a genius at manipulating the mind if you are not careful. Let’s briefly explore the mind. Now the frontal lobe of your brain located in your forehead is the largest area of the brain and it has been scientifically discovered to be the area of the brain that controls your will, reasoning, logic, thinking, and moral control. It also where your spiritual connection with God is located. The hypothalamus on the other hand is located near the top of your brain stem. The hypothalamus is about the size of a lima bean. The hypothalamus regulates appetite, pleasure, hunger, thirst, and **sexual drives**. What area of the brain do you think Satan

wants to spend most of his time appealing to or tempting? The area that regulates your appetite, pleasure, and sexual drive, the hypothalamus. Satan of course wants to bypass all reasoning, logic, and moral ethics. He wants to bypass the frontal lobe of your brain and stimulate your hypothalamus. So how does he get millions of men, women and youth to be trapped into sexual immorality and break God's seventh commandment of thou shalt not commit adultery? It is simple Satan constantly feeds the area of your mind that regulates your natural sexual drive. This explains why there is so much sexual immorality in magazines, music and on TV, commercials, movies, internet, and billboards all around us to appeal to our natural sexual drive. So, once Satan is allowed [repeat ALLOWED] to appeal to your flesh, you are on his territory. This is critical because you have a choice. Remember what we read in Galatians 5:19 that the first two things mentioned as the works of the flesh are adultery and fornication. Now those who allowed themselves to be sweep away by adultery and fornication will not inherit the kingdom of God according to Galatians 5:21. This is serious class. You don't want to fooled by Satan's schemes. It is important that we guard our minds from Satan's filth. Because his filth is eternally deathly. It will kill. Satan's sexual filth has destroyed marriages, it has perpetuated deadly diseases, it has cause millions of children to grow up in home without a father or a mother, it has fueled crime, and it has caused misery, pain, and death. We can not be fooled. Even though Satan makes it look beautiful and attractive in the movies, on the billboards, on TV, on the internet it will kill you. Movies and TV are one of the biggest traps that Satan uses to get many people of the world and professing Christians to commit adultery. It has been scientifically proven that everything we see on the silver screen or TV your mind takes it in as reality. Every sexual scene that you allow yourself to see on TV or movies don't you know that you are mentally participating in the sin – breaking God's seventh commandment. ***Psalm 101:3*** says, I will set no wicked thing before mine eyes: I hate the work of them that turn aside; *it shall not cleave to me.* **If the mind is defiled with impure acts, the body will naturally engage in impure acts.** Don't get caught in this trap, friends.

Let's get some more Biblical wisdom, especially for those who are married. Many men and women even leaders or pastors in the churches are caught in Satan's web of breaking God's seventh commandment mentally or physically. Many try to reason and rationalize, but they are only going to get burnt. ***Proverbs 6:23-29***, has some interesting wisdom for those especially men who might be in Satan's trap right now or are in the process of being trapped. ***Proverbs 6:23-29*** says, <sup>23</sup>For the commandment *is* a lamp; and the law *is* light; and reproofs of instruction *are* the way of life: <sup>24</sup>To keep thee from the evil woman, from the flattery of the tongue of a strange woman. <sup>25</sup>Lust not after her beauty in thine heart; neither let her take thee with her eyelids. <sup>26</sup>For by means of a whorish woman *a man is brought* to a piece of bread: and the adulteress will hunt for the precious life. <sup>27</sup>Can a man take fire in his bosom, and his clothes not be burned? <sup>28</sup>Can one go upon hot coals, and his feet not be burned? There it is class. Any sexual relationship outside of marriage despite how attractive it may look, you will be burned. Satan does not care. That is why God's gives us His ten commandment law to give us to keep us from getting burnt. **For homework this week I want you to read Proverbs Chapter 5, it speaks in more detail of the pitfalls of immorality or the breaking of God's Ten Commandment law.**

**9. What is the solution of overcoming Satan's temptation of braking God's seventh Commandment, thou shalt not commit adultery?**

**Read ALL the following Bible texts:** Romans 8:1-3, 10; 1 John 1:9; Philippians 4:8

**Write Bible Answer:**

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**Knowing that our flesh or carnal mind is sinful, what must we do to overcome our sinful tendencies?**

**Turn to Romans 8:1-3** It says, <sup>1</sup>*There is* therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. <sup>2</sup>For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death. <sup>3</sup>For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh.] There it is class. The only way you can overcome your flesh or sinful tendencies is to yield yourself to Christ. **Romans 8:10** says “<sup>10</sup>And if Christ *be* in you, the body *is* dead because of sin; but the Spirit *is* life because of righteousness.” Amen. Allow Jesus Christ to live in your life. Remember the law can not save you, but as a mirror it shows you that you need a Saviour to cleanse you. Amen and only Jesus Christ can cleanse you from all sin even sexual immorality.

So if you find yourself trapped in immorality or a relationship that is not Biblical or if you find yourself mentally lusting after others the Holy Spirit is directing you right now to the sin cleaner, Jesus Christ. **1 John 1:9** says <sup>9</sup>If we confess our sins, he is faithful and just to forgive us *our* sins, and to cleanse us from all unrighteousness. Jesus will forgive you. If you are guilty of breaking God's seventh commandment, you need Christ because you are trap in Satan's death trap. Ask Christ to forgive you right. Ask God for a pure mind. We all have a choice to drink from Satan's immoral sewer of filth and corruption through TV, movies, etc or drink from the pure foundation of God. Remember **Philippians 4:8**. It says, <sup>8</sup> whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things. .