



# Pathway to Peace Ministries

Matthew 9:35, 36 & Revelation 14

## Summary of Beliefs

*Pathway to Peace Ministries* believes in and operates based on **ALL** of the fundamental teachings of the Holy Bible which includes God's Law and the Testimony of Jesus. Our beliefs are **guided by the Bible and the Bible only**. Below is only a summary of Bible beliefs.

We believe...

1. **The Holy Scriptures:** The old and new testaments of the Bible are the written Word of God inspired by the men of God, moved by the Holy Spirit. The study of God's Word is necessary for understanding God's salvation and purpose in our lives. [2 Peter 1:20; 2 Tim. 3:16, 17; Psalm 119:105; Proverbs 30:5,6; Isaiah 8:20; John 17:17; 1 Thess. 2:13; Hebrews 4:12.]
2. **The Godhead:** There is one God, three co-eternal Persons, God the Father, Son, and Holy Spirit unified in thought, deed and action. God is all powerful and worthy of our worship. [1 John 5:7,8; Deut. 6:4; Matt. 28:19; 2 Cor. 13:14; Ephesians 4:4-6; 1 Peter 1:2; 1 Timothy 1:17; Rev 14:7]
3. **God the Father:** He is Creator, Source, Sustainer and over all creation. He is love, just, holy, righteous, and merciful. All that is seen in the Son and the Holy Spirit is also seen in the Father. [Genesis 1:1; Rev. 4:11; 1 Cor. 15:28; John 3:16; 1 John 4:8; 1 Tim. 1:17; Exodus 34:6, 7; John 14:9.]
4. **The Son:** He is the eternal Son who became Jesus Christ, to save the world from the penalty of sin. Jesus was born of a virgin. He was fully man who felt all the infirmities of humanity and he was tempted in all points as man, but He did not sin. His main purpose was to teach God's plan of salvation, die for the sins of the world and destroy the works of Satan. We can only be saved through the blood of Jesus Christ. Jesus died on the cross and rose again as promised by His Word. He is now our intercessor in heaven. [John 1:1-3, 14; Colossians 1:15-19; John 10:30; 14:9; Romans 6:23; 2 Cor. 5:17-19; John 5:22; Luke 1:35; Phil. 2:5-11; Heb. 2:9-18; 1 Cor. 15:3, 4; Heb. 8:1, 2; John 14:1-3.]
5. **The Holy Spirit:** The Holy Spirit is external God who was active in the creation of this world and the plan of salvation. He inspired the writers of the Bible. He convicts the minds, renews and transforms the hearts of many people. He gives the power to spread God's love and word everywhere. [Gen. 1:1, 2; Luke 1:35; 4:18; Acts 10:38; 2 Peter 1:21; 2 Cor. 3:18; Eph. 4:11, 12; Acts 1:8; John 14:16-18, 26; 15:26, 27; 16:7-13; Matt. 12:31, 32]
6. **Creation:** God is the creator of all things. He is the beginning of life. God created this world in six literal days and rested on the seventh day and made it a special day in which He blessed and made holy. He established this "special day of rest" the seventh day, at creation, the Sabbath, as a perpetual memorial of his creation, authority, and power. [Genesis 1; 2; Exodus 20:8-11; Ps. 19:1-6, 33:6, 9; 104; Heb. 11:3.]
7. **The Plan of Salvation:** We can only be saved through Christ by faith, which is a gift from God. We are only made righteous through the cleansing power of the blood of Jesus. [John 3:16; 2 Cor. 5:17-21; Gal. 1:4; 4:4-7; Roman 3:21-26]
8. **The Law of God:** The Law of God is the principles of God that are found in the Ten Commandments. God's law expresses His will and love for us. His Law never changed from the beginning. All of God's 10 commandments are still valid today. They are eternal. God's Law does not save us but defines sin for us and points us to the sin Cleaner, Jesus Christ. God's Law, His Ten Commandments were never "nailed to the cross", only the Ceremonial Laws (Mosaic Laws) were "nailed to the cross." Jesus was the fulfillment of the ceremonial laws. This is the reason why we do not make animal sacrifices today. [Ex. 20:1-17; Ps. 40:7, 8; Eccl. 12:13, 14; Ps. 119: 172; Ps. 111:7, 8; Matt. 22: 36-40; Deut. 28:1-14;

Luke 16:17; Matt. 5:17-20; Heb. 8:8-10, Heb. 9; John 15:7-10; Eph. 2:8-10; 1 John 3:4; 5:3; Rom. 3:20; 8:3, 4.]

9. **Seventh-day Sabbath:** The seventh-day Sabbath commandment is the 4<sup>th</sup> commandment of the 10 commandments. It can not be separated out nor abolished or changed by man. Jesus came to give us clearer understanding of the Sabbath, not to destroy it. The Seventh-day Sabbath is a great blessing and gift from God given to man as a sign of our worship, love, and loyalty to Him. According to the creation in Genesis a day actually begins when the sunsets, evening. The seventh-day Sabbath begins on sunset Friday evening to sunset Saturday evening. [Gen. 1, 2:1-3, Exo. 20:8-11; Exo. 31:13, 17; Ezek. 20:12, 17; Matt. 5:17 -19; James 2:10,11; Mark 2:27, 28]
10. **The Second Coming of Christ [Second Advent]:** The second coming of Jesus Christ is the blessed hope for all believers in Christ. It is the climatic event that will be seen by all the living on the earth. The coming of Jesus Christ is soon to come and it will be literal, personal, visible, and worldwide. When He returns the righteous dead will be resurrected, and together with the righteous living, they will be changed with new bodies and caught to meet the Jesus in the air. At the second coming Jesus will fulfill His promise for all the righteous that lived faithfully for Him to live with Him forever. [Titus 2:13; Heb. 9:28; John 14:1-3; Acts 1:9-11; Matt. 24:14; Rev. 1:7; Matt. 24:43, 44; 1 Thess. 4:13-18; 1 Cor. 15:51-54; 2 Thess. 1:7-10; 2:8; Rev. 14:14-20; 19:11-21; Matt. 24; Mark 13; Luke 21; 2 Tim. 3:1-5; 1 Thess. 5:1-6.]
11. **Plant-based Diet:** We don't own our bodies. Our bodies are created and redeemed by Jesus and are temples of the Holy Ghost. Whatever we put in our bodies must be in agreement with the laws of the body and God's health plan found in the Bible and not harm our bodies. 1 Corinthians 10:31 says "Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God." The plant based foods that God originally gave humans in the Garden of Eden, fruits, nuts, grains, seeds, and veggies, are scientifically and Biblically proven to be the BEST for spiritual, mental, and physical health. The current flesh meat supply is corrupt and diseased and not agreement with God's health plan for the body. [1 Cor. 3:16; 1 Cor. 6:19; 1 Cor. 10:31; Gen. 1:29 and 3:18; Gen. 9:4; Lev. 3:17, 7:26, 17:10 -14, 19:26; Deut. 12:16, 23, 14:21, 15:23; Acts 15:20 and 29; Lev. 11:1 – 30; Deut. 14:3 – 21; Dan. 1:8]
12. **ANEW STARTT (10 Commandments of Health):** According to Exodus 15:26, God promises us if we follow His laws both physical and spiritual that He will not give us the diseases of the world and He will heal us from all types of diseases if we repent and are obedient His ways. [Exo. 15:26; Deut. 28:1 – 15; Psa. 103:1 – 5; John 10:10; 3 John 1:2]

ANEW STARTT is an easy to remember acronym also referred to as the 10 Commandments of Health that is based on the Word of God and confirmed by modern lifestyle science. Below is a brief explanation of 10 commandments of Health:

### **A.N.E.W. S.T.A.R.T.T.**

- 1) **A** – ttitude: Must have the right attitude by developing a deep abiding relationship with Christ
- 2) **N** – utrition: Focus on eating fruits, nuts, grains, seeds, and veggies daily
- 3) **E** – xercise: Exercise such as walking at least 30 minutes per day, 5 days a week.
- 4) **W** – ater: Drink plenty of water, minimum eight to twelve cups of 8 ounces per day.
- 5) **S** – unshine: 30 minutes per day
- 6) **T** – emperance: Say no to overeating, eating between meals, alcohol, cigarettes, drugs, and caffiene.
- 7) **A** – ir: Get fresh air EVERY DAY
- 8) **R** – est: Getting a good night rest 8 hours per night. Also keeping God's holy seventh-day Sabbath rest.
- 9) **T** – rust in God: Have total faith in God's way for abundant disease free health.
- 10) **T** – ell somebody: Share God's ANEW STARTT with others and testify of what God has done for you!